

Building Your Family Portrait

A 4-Week Date Night Guide for Discerning Your Family's Purpose, Vision & Values

How to Use This Guide

Each week includes:

- A short devotional thought
- Guided questions for meaningful conversation
- A simple activity to complete together
- A prayer prompt
- A small step to take during the following week

Move slowly. Laugh. Share openly. Listen well. Invite the Holy Spirit to illuminate what He is forming in your family.

WEEK 1 — Remembering God’s Faithfulness in Our Story

Theme: Looking back to see God’s fingerprints

Devotion

Psalm 78:4–7 — “We will tell the next generation…”

Families become strong when they learn to see God’s hand not only in the victories, but also in the storms. Your story matters. Your children and grandchildren will be shaped by the testimony you carry.

Conversation Starters

1. What key moments—good or painful—have shaped who we are today?
2. Who has influenced us individually and as a couple? How have those people shaped our character, faith, or decisions?
3. When did we experience God’s protection, provision, or redemption?
4. What parts of our story do we want to intentionally pass down to future generations?

Activity: Create a Family Story Timeline

- Each spouse writes 8–10 events from their life that shaped them.
- Highlight the events that reveal God’s faithfulness.
- Notice patterns: strengths formed, lies broken, themes repeated.

Prayer Prompt

“Lord, thank You for the ways You have carried us. Show us how our story is part of Your larger Kingdom story.”

This Week’s Small Step

Share one ‘God moment’ from your past with your children or someone close to you.

WEEK 2 — Seeing Who God Has Made Us to Be

Theme: Discovering your shared strengths, gifts, and calling

Devotion

Romans 12:4–6 — “We have different gifts, according to the grace given to each of us.”

God intentionally brought you together because your strengths, passions, and personalities complement each other. You are a team designed for purpose.

Conversation Starters

1. What strengths do you see in each other that bless our family?
2. What do we consistently do well together?
3. What burdens or passions stir something in both of our hearts?
4. Where do others often rely on us, affirm us, or seek our help?

Activity: Our Family Design Map

Draw four circles labeled **Strengths**, **Passions**, **Burdens**, and **Shared Dreams**.

Fill each circle with words or phrases.

Then look for the overlap—your unique family design.

Prayer Prompt

“Lord, thank You for the gifts You have placed in us. Help us see how You intend for our family to serve Your Kingdom.”

This Week’s Small Step

Choose one shared strength and use it to bless someone outside your family.

WEEK 3 — Dreaming Forward: Who Are We Becoming?

Theme: Envisioning the culture and legacy of your home

Devotion

Proverbs 29:18 — “Where there is no vision, the people perish.”

Families don’t drift into health, discipleship, or legacy. Vision gives direction. Dreaming gives clarity to where you want your family to go.

Conversation Starters

1. Imagine our family 25 years from now—what do we hope that season looks like?
2. What do we want others to say about our family’s character and impact?
3. How do we want people to feel when they enter our home?
4. What character traits do we desire to cultivate in our children?
5. What values or habits feel out of alignment and need intentional change?

Activity: Future Family Vision Brainstorm

- Write down words, phrases, dreams, and ideas.
- Don’t evaluate—just write.
- Include atmosphere, values, relationships, faith, community, ministry, and legacy.

Prayer Prompt

“Jesus, give us Your vision for our family. Show us who You are shaping us to become.”

This Week’s Small Step

Choose one small shift that reflects the family culture you want to build (a weekly meal, prayer rhythm, or habit).

WEEK 4 — Defining Our Purpose, Vision & Values

Theme: Choosing what matters most

Devotion

Joshua 24:15 — “As for me and my house, we will serve the Lord.”

Your family purpose and values become your compass. They guide decisions, influence culture, and anchor your home in God’s truth.

Conversation Starters

1. What themes keep rising to the surface from our last three weeks?
2. What values reflect who God is calling our family to be?
3. What greater Kingdom purpose seems to tie our strengths, story, and vision together?

Activity: Condense + Create

Step 1: Circle the ideas from your brainstorm that matter most.

Step 2: Cross out anything that feels less central.

Step 3: Group similar ideas together.

Step 4: Identify your top 3–5 **Family Core Values**.

Step 5: Write a first-draft **Family Purpose Statement**, such as:

“Our family exists to love God wholeheartedly, cultivate a home of peace and truth, and bless others with the gifts He has entrusted to us.”

Tailor it to your unique design.

Prayer Prompt

“Lord, establish our home on Your truth. Help our purpose and values reflect Your heart and guide every season of our family.”

This Week’s Small Step

Put your purpose and values somewhere visible—on a wall, in a frame, or in a prayer journal.

You Did It!

You've laid the foundation of a purposeful, Christ-centered family culture.

Remember: this is a starting point, not a finish line. Revisit this guide often. Let your purpose and values evolve as God leads your family through new seasons. This is not an event or program, it is a journey.

If you'd like deeper help or want to bring a full workshop experience to your family, company or church, we'd love to walk with you! Just reach out using the contact information below and let's find a time to connect.

Blessings to you and your family,

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